

Birth Your Way Victoria Placenta Encapsulation Services Agreement

Placenta Encapsulation Description

Placenta encapsulation is the process of preparing the mother's placenta after the birth of her baby by dehydrating, powdering and placing it into capsules for the mother to ingest. The purpose of ingestion of the placenta is to reintroduce beneficial hormones, proteins, and other nutrients to her body following labour and birth to help restore physical and emotional balance, prevent or lessen the risk of "baby blues" that may lead to postpartum depression, increase breast-milk production, shorten healing time, increase maternal energy levels, and provide an over-all feeling of wellness to aid in the transition between pregnancy and the early postpartum period.

Limitations and Disclaimer

I am not a licensed medical professional and I am not able to diagnose, treat or prescribe for any health condition. Services and fees are for the preparation and encapsulation of your placenta, not for the sale of the pills. No specific benefits or effects are promised. Any benefits will vary from person to person. Some of the ascribed benefits of placenta consumption are supported by ongoing research; however these benefits have not been evaluated or approved by Health Canada. It is your responsibility to determine whether using placenta preparations may be of benefit to you. _____ (client's initials)

Client Responsibility

It is your responsibility to notify me as soon after the birth as possible during the hours of 8am-8pm by phone or text. Outside of these hours you can alert me by email, to make arrangements for pick up or drop off. Failure to do so may result in delayed placenta preparation and encapsulation and may cause decreased potency of nutrients, hormones, and other beneficial attributes of the placenta, and even spoilage of the placenta which would render it unusable for encapsulation.

It is your responsibility to discuss release of your placenta from the hospital where you give birth and to ensure proper storage of your placenta in a refrigerator or cooler with the placenta placed on ice until it can be delivered for preparation and encapsulation. _____ (client's initials)

Birth Your Way Victoria does not determine whether or not the placenta is suitable for consumption; it is your responsibility to discuss this with your care provider _____ (client's initials)

It is also your responsibility to inform me of any known blood-borne illness (es) or other health issues (such as HIV, hepatitis, etc.) that could place me or any others who may come in contact with bodily fluids (specifically maternal and fetal blood and amniotic fluid) at risk.

In the interest of safety for myself and my clients, I may choose not to work on any placentas if these illnesses are present. _____ (client's initials)

Whether birthing at home or in a hospital, please ensure that your placenta is kept fresh. It can remain at room temperature for 3-4 hours following the birth. After that (or sooner if possible) it should be refrigerated or otherwise kept cool. If you are practicing some form of delayed cord cutting, ice packs may be wrapped up with the placenta to prevent spoilage for up to 4 hrs. postpartum. Placenta encapsulation cannot be done after a traditional lotus birth. The placenta should be frozen if the placenta encapsulation process cannot start within 2 days of the birth. Frozen placentas are best if prepared by 4 weeks; however frozen placentas up to 6 months old can still be used. You can prepare

your placenta for transport by placing it in a couple of large, freezer strength Ziploc bags or in a large plastic yogurt or ice cream container, then into a cooler with ice packs or into a refrigerator.

It is important to note that there may be circumstances under which your placenta cannot be used. Significant abnormalities of the placenta may necessitate your doctor or midwife sending your placenta to Pathology for further examination. Other conditions, such as signs of infection in the mother during labour, may mean that consuming your placenta will not be beneficial to you. If in doubt, consult your care provider before proceeding. It should be possible to claim your placenta after a Caesarean birth.

Fees

\$180 for Placenta Encapsulation Services.

Fees include the preparation and encapsulation of the placenta, a storage container, written instructions for storage and handling, and guidelines for taking your capsules. An umbilical cord keepsake is also provided where possible, upon request. **Cash payment of \$180 is due upon pick-up** of your placenta.

Refunds

If you choose to terminate this contract after releasing your placenta to me but before any preparation has begun, I will return your placenta to you for disposal.

There will be no refund, and payment will be due in full, once preparation has begun, even if you choose not to take delivery of the finished capsules.

I, _____, have read and understood the terms of this agreement.

EDD: _____ Planned place of birth: _____ Umbilical Keepsake? Y/N

Care Providers name: _____

Client's Signature

Date

Home Address

Phone Number

Email Address

Birthing Your Way Victoria
www.birthingyourwayvictoria.com
250.661.0942